

Newark Swimming Pool Timetable

Main Pool

Monday

06.30 - 07.30	Laned Swim *
07.45 - 08.30	Laned Swim *
09.15 - 11.30	School Swimming
12.00 - 13.00	Laned Swim *
13.15 - 14.45	School Swimming
15.00 - 15.45	Laned Swim *
15.45 - 18.45	Active Swimming Lessons
18.45 - 19.30	Laned Swim *
19.45 - 20.30	Active Aqua Aerobics
20.30 - 21.15	Laned Swim

Tuesday

06.30 - 07.30	Laned Swim *
07.45 - 08.30	Laned Swim *
09.30 - 11.30	School Swimming
11.45 - 13.00	Laned Swim *
13.30 - 14.55	School Swimming
15.00 - 15.45	Laned Swim *
16.00 - 18.30	Active Swimming Lessons
18.30 - 19.15	Active Hydrofighter
18.30 - 19.15	Laned Swim * (2 lanes)
19.30 - 21.00	Newark Swimming Club

Wednesday

06.30 - 07.30	Laned Swim *
07.45 - 08.30	Laned Swim *
08.30 - 09.15	Laned Swim *
09.30 - 10.15	Laned Swim * (2 lanes)
09.30 - 10.15	Active Aquatic Cycle (pool shoes required)
10.30 - 11.30	Private Hire
11.30 - 12.15	Laned Swim * (double lane Disability Swim)
12.15 - 13.00	Laned Swim *
13.15 - 14.55	School Swimming
15.00 - 15.45	Laned Swim *
15.45 - 18.45	Active Swimming Lessons
18.45 - 19.30	Public Swim
19.30 - 20.15	Public Swim (2 lanes)
20.15 - 21.00	Laned Swim * (3 lanes)

Thursday

06.30 - 07.30	Laned Swim *
07.45 - 08.30	Laned Swim *
09.30 - 11.45	School Swimming
12.00 - 13.00	Laned Swim *
13.30 - 14.55	School Swimming
15.00 - 15.45	Laned Swim *
16.15 - 18.15	Active Swimming Lessons
18.30 - 21.15	Newark Swimming Club

Main Pool

Friday

06.30 - 07.30	Laned Swim *
07.45 - 08.30	Laned Swim *
09.30 - 12.30	School Swimming
13.15 - 14.45	School Swimming
15.00 - 15.45	Laned Swim *
15.45 - 18.45	Active Swimming Lessons
18.45 - 19.30	Adult Learn to Swim
19.45 - 20.30	Laned Swim* (1 lane flippers permitted)

Saturday

08.00 - 11.00	Active Swimming Lessons
11.00 - 12.30	Public Swim
13.00 - 14.00	Available for children's pool parties
14.00 - 15.00	Inflatable Swim (H25)
15.15 - 16.15	Public Swim
16.30 - 17.30	Laned Swim *

Sunday

08.00 - 09.30	Newark Swimming Club
09.30 - 10.15	Laned Swim *
10.30 - 11.30	Public Swim
11.45 - 12.45	Public Swim
13.00 - 14.00	Available for children's pool parties
14.00 - 15.00	Public Swim
15.15 - 16.15	Laned Swim *
16.30 - 17.45	Muskham Swimming Club

Teaching Pool

Monday

09.15 - 11.30	School Swimming
13.15 - 14.45	School Swimming
15.45 - 18.45	Active Swimming Lessons
19.15 - 20.00	Public Swim

Tuesday

08.45 - 11.45	Parent & Toddler/Aquababes/Pre-School Swimming Lessons
13.30 - 14.55	School Swimming
15.45 - 18.45	Active Swimming Lessons

Wednesday

12.15 - 13.00	Public Swim
13.15 - 14.55	School Swimming
15.45 - 18.45	Active Swimming Lessons

Thursday

09.30 - 12.00	School Swimming
13.30 - 14.55	School Swimming
15.45 - 18.45	Active Swimming Lessons
18.45 - 20.30	Newark Swimming Club

Friday

09.30 - 12.30	School Swimming
13.15 - 14.45	School Swimming
15.00 - 15.45	Public Swim
15.45 - 18.45	Active Swimming Lessons
18.45 - 19.30	Public Swim

Saturday

08.00 - 11.00	Active Swimming Lessons
11.00 - 12.30	Public Swim
13.00 - 14.00	Available for children's pool parties
14.00 - 15.00	Public Swim
15.15 - 16.15	Public Swim

Sunday

09.15 - 10.15	Public Swim
10.30 - 11.30	Public Swim
11.45 - 12.45	Public Swim
13.00 - 14.00	Available for children's pool parties
14.00 - 15.00	Public Swim
15.15 - 16.15	Public Swim
16.30 - 17.00	Muskham Swimming Club

CUSTOMER INFORMATION

KEY: * Must be able to swim 50m unaided

(U8's) Children of 7 years and under

(H25) Height restrictions apply, max 1.7m and able to swim 25m on their front. Max age for inflatables 14yrs

Book and pay for sessions online on Leisure Hub

All pool sessions include customer changing, set up and take down time.

Cubicles and changing facilities are cleaned regularly throughout the day.

*****WE ARE CLOSED ON BANK HOLIDAYS*****